

HOG'S TRAIL MARATHON

Hardest Croatian mountain race with total height difference of 1300 meters.

Zagreb/Mountain Medvednica

Sunday, July 5th ORGANIZER: Athletic Club SLJEME, www.aksljeme.com

START: 10 AM at the highest peak of the mountain which is called Sljeme (1031m);

LENGTH: marathon 42km, relay 2 x 14km; relays can be men or mix, no female relay;

COURSE: One lap 14km (height difference 940m, 470m downhill + 470m uphill), each member of relay run one lap, marathon runners run 3 laps. Course is in the wood, mostly in shade, on the hiking trail, with a lot of uphill and downhill. Every kilometre is marked. Whole course is in Croatian Park of Nature "Medvednica".

REGISTRATION:

- **MARATHON:** Online on http://www.aksljeme.com between June 1st and July 1st (on right side use button "PRIJAVA ZA UTRKU", then choose from first drop down called **odaberi trku** Sljemenski Maraton and from second drop down called **odaberi discipline** maraton. Translation for online registration-form see next page)
- **RELAY**: on http://www.aksljeme.com between June 1st and July 1st. Each single runner of a relay-team has to be registered. Building the team will be done while picking up start number. To register for Relay please choose from second drop down called **odaberi discipline** stafeta.

CATEGORIES:

- Marathon: MS (until 34), M35 (35-39), M40 (40-44), M45 (45-49), M50 (50-54), M55 (55-59), M60 (60+), FS (until 34), FV (35 and over)
- Men relay (years sum): MS (until 59), M60 (60-79), M80 (80-99), M100+
- Mix relay (years sum): MFS (until 59), MF60 (60-79), MF80 (80-99), MF100+

JUNIOR RACE: start 10.00 AM, length 5,5km, categories: older juniors (18 and 19 years), younger juniors (16 and 17 years), and cadets (15 and less).

ENTRY FEE: marathon 15 euro, relay 2 x 10 euro (20 euro), juniors 7 euro; all participants receive T-shirt, finisher medal, lunch and refreshments.

PRIZES:

- Marathon: First three (M, F): trophies & gifts
- Relay: First three (M, F): trophies & gifts
- Medals in categories (marathon & relay)
- Trophies for three best teams, F & M (only marathon: men team three members, female teams two members)

ACCOMODATION/INFO: Dragan Janković, ++385-91-503-2734, janko@aksljeme.com



ime* prezime*	> Name > Surname
rođendan*	(gggg-mm-dd)
spol*	OM OŽ ≻ Gender M=male Ž=female
majica*	ODA
klub	
email	
kontakt, adresa itd.	